

Clay City High School

FEB. LUNCH 2025

Jan 16, 2025

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Monday	Tuesday	Wednesday	Thursday	Friday
Feb - 3 STEAK BITES CORN BREAD FRENCH FRIES RANCH STYLE BEANS CUCUMBER SLICES & DIP PEARS CHOC CHIP COOKIE WG JUICE VARIETY MILK	Feb - 4 ROTINI W/ MEAT SAUCE BOSCO STICK WG CAESAR SALAD VEGETABLE MEDLEY APPLESAUCE JUICE VARIETY MILK	Feb - 5 CHEESE QUESADILLA FIESTA CORN SALAD W RANCH CHIPS AND SALSA PEACHES JUICE VARIETY MILK	Feb - 6 TURKEY AND NOODLES ROLL MASHED POTATOES GREEN BEANS GRAPES JUICE VARIETY MILK	Feb - 7 CHEESEBURGER CARROTS SEASONED FRIES PEACHES LETTUCE & TOMATO JUICE VARIETY MILK
Feb - 10 BBQ PORK POTATO CHIPS COLE SLAW CORN APPLE SLICES JUICE VARIETY MILK	Feb - 11 CHICKEN ALFREDO GARLIC TOAST WG PEAS & CARROTS CAESAR SALAD PEACHES JUICE VARIETY MILK	Feb - 12 SOFT SHELL TACO BLACK BEANS CHIPS AND SALSA LETTUCE & TOMATO PEARS JUICE VARIETY MILK	Feb - 13 COUNTRY FRIED CHICKEN ROLL MASHED POTATOES GREEN BEANS APPLESAUCE JUICE VARIETY MILK	Feb - 14 PHILLY CHEESE SUB FRENCH FRIES CARROTS & DIP PINEAPPLE JUICE VARIETY MILK
Feb - 17 TEACHER IN-SERVICE DAY (NO SCHOOL)	Feb - 18 BIS. AND GRAVY HASHBROWNS RED PEPPER STRIPS EGG OMELET ORANGES JUICE VARIETY MILK	Feb - 19 NACHOS SUPREME REFRIED BEANS LETTUCE & TOMATO CORN PINEAPPLE JUICE VARIETY MILK	Feb - 20 COUNTRY FRIED STEAK ROLL MASHED POTATOES GREEN BEANS CELERY/PEANUT BUTTER PEACHES JUICE VARIETY MILK	Feb - 21 CHICKEN SANDWICH FRENCH FRIES COLE SLAW APPLESAUCE JUICE VARIETY MILK
Feb - 24 GENERAL TSO CHICKEN/RICE CUCUMBER SLICES & DIP CALIFORNIA BLEND MANDARIN ORANGES FORTUNE COOKIE JUICE VARIETY MILK	Feb - 25 SPAGHETTI WITH MEAT SAUCE BOSCO STICK WG GREEN BEANS SALAD W RANCH SUGAR COOKIE PEACHES JUICE VARIETY MILK	Feb - 26 CRISPY CHICKEN WRAP TATER TOTS SPCY BEANS&SALSA LETTUCE & TOMATO PEARS JUICE VARIETY MILK	Feb - 27 TOMATO SOUP CHICKEN NOODLE SOUP RED PEPPER STRIPS GRILLED CHEESE SALAD W RANCH FRUIT SALAD JUICE VARIETY MILK	Feb - 28 CHEESEBURGER LETTUCE & TOMATO SEASONED FRIES BLUEBERRY CRISP JUICE VARIETY MILK

	Average	Weekly Target	% of Target		Average	% of Calories	Weekly Target
Calories	803	750-850	100%	Sugars	45.52* g	22.68%	
Cholesterol	74 mg			Protein	35.56 g	17.71%	
Sodium	1181 mg	1420		Carbohyd	107.16 g	53.38%	
Fiber	8.84 g			Tot. Fat	25.72 g	28.83%	<=30.0%
Iron	5.49 mg			Sat. Fat	9.38 g	10.52%	<10.00%
Calcium	529.94 mg						
Vitamin A	1903 IU						
Vitamin C	46.96 mg						

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.